



De Paul Treatment Centers

What to Bring to Treatment

Clothing:

Please bring only one week's worth of clothing. Bring appropriate clothes for the season, swimming, gym, outdoor recreation.

- No gang attire (colors) or sagging pants.
- No advertising of drugs, drug use, violence, or discrimination of any kind.

Bedding:

Bedding and pillows are provided but you may bring bedding and a pillow if they are new and un-opened. No bedding is allowed from home or out of packaging.

Personal Grooming & Hygiene:

Hairspray (non-aerosol), hair gel, toothpaste, shampoo, deodorant, lotion, cologne (non-aerosol), make-up, combs, and brushes are allowed. Clients may bring electric razors, although De Paul supplies disposable razors to clients.

- Products containing alcohol in the first three ingredients are not allowed.
- No glass of any kind is allowed.

Medications:

ALL MEDICATIONS MUST BE APPROVED BY DE PAUL as there are some we do not allow. If you are taking prescription medications please bring a 30-day supply of each with you to treatment. Over-the-counter medication or vitamins will be only accepted when unopened with the seal intact. If you have any questions about medication please feel free to contact the medical coordinator at 503-535-1150 x1153.

Entertainment:

You may bring appropriate reading material and a personal CD or MP3/Ipod/nano player (no screens or internet capabilities) to use during your free time.

Prohibited Items:

- Condoms, bandanas, or eye drops.
- Items that belong in personal belonging boxes.
- Permanent or dry-erase markers, including sharpies.
- Vitamins, nutritional supplements, or food products of any kind.
- Anything that produces heat or flame, or is flammable, including but not limited to candles, incense, fireworks, matches, or lighters.

- Electronics including but not limited to radios, TV's, cell phones, pagers, electric toothbrushes, or extension cords.
- Anything that connects to the internet or is capable of audio and/or visual recording. De Paul computers available in the dorm or school may not be used for email or social networking sites.
- Glass items, including but not limited to mirrors and framed pictures.
- Glue, liquid bleach, and aerosol containers of any kind.
- Items that are gang-related, including colors, or items that display images or themes that are racist, sexist, homophobic, or belittling of any individual or group, including self-drawn pictures.
- Any picture or image of human beings that doesn't meet the De Paul dress code, including self-drawn images.