



# De Paul Treatment Centers

## What to Bring to Treatment

### Clothing:

Please bring only one week's worth of clothing. Bring appropriate clothes for the season, gym, outdoor recreation.

- No gang attire (colors) or sagging pants.
- No bare midriff, short skirts or shorts, strapless tops or high heels are allowed.
- No advertising of drugs, drug use, violence, or discrimination of any kind.

### Bedding:

Bedding and pillows are provided. No bedding or stuff animals are allowed, even if it is new.

### Personal Grooming & Hygiene:

Hairspray (non-aerosol), hair gel, toothpaste, shampoo, deodorant, lotion, make-up, combs, and brushes are allowed. Clients may bring electric razors, although De Paul supplies disposable razors to clients.

- Products containing alcohol in the first three ingredients are not allowed.
- No glass of any kind is allowed.

### Medications:

**ALL MEDICATIONS MUST BE APPROVED BY DE PAUL** as there are some we do not allow. If you are taking prescription medications please bring a 30-day supply of each with you to treatment. Over-the-counter medication or multi vitamins will be only accepted when unopened with the seal intact. Not all over-the-counter medications or vitamins are approved. If you have any questions about medication please feel free to contact the medical coordinator at 503-535-1150 x1153.

### Entertainment:

You may bring appropriate reading material and a personal CD or MP3/Ipod/nano player (no screens or internet capabilities) to use during your free time.

### Prohibited Items:

- De Paul is a tobacco-free facility, no smoking, chewing, or vaping.
- Condoms, bandanas, or eye drops.
- Permanent or dry-erase markers, including sharpies.
- Nutritional supplements, or food products of any kind.
- Anything that produces heat or flame, or is flammable, including but not limited to candles, incense, fireworks. Lighters are allowed for smoking purposes only.

- Electronics including but not limited to radios, TV's, cell phones, pagers, electric toothbrushes, or extension cords.
- Anything that connects to the internet or is capable of audio and/or visual recording. De Paul computers available in the dorm or school may not be used for email or social networking sites.
- Glass items, including but not limited to mirrors and framed pictures.
- Glue, liquid bleach, and aerosol containers of any kind.
- Items that are gang-related, including colors, or items that display images or themes that are racist, sexist, homophobic, or belittling of any individual or group, including self-drawn pictures.
- Any picture or image of human beings that doesn't meet the De Paul dress code, including self-drawn images.