



De Paul Treatment Centers

FREE Support Persons Group

Welcome to De Paul!

The FREE Support Persons Group emphasizes the importance of family involvement for success in sobriety. Clients invite their loved ones to attend. Support people must attend four session hours to be eligible to participate in groups with the clients.

Details

Who: Family members, friends and loved ones of those impacted by drug and alcohol use. 18+ Yrs

When: Every Tuesday and Wednesday from 6:15pm-7:15pm
2nd and 4th Saturdays of every month from 9:00am-12:00pm

Where: 1312 SW Washington Street, Portland (Please check in at the front desk on the first floor)

Contact: If you have any questions, please discuss with your Primary Counselor or contact the Family Therapy team at 503-535-1151.

For accessibility inquires, contact the family Therapy team directly.



Topics Include:

- Family Communication
- Family Recovery
- Setting Healthy Boundaries
- Protective Behaviors
- Addiction in Families
- Self Care