



# De Paul Treatment Centers

## Peer Recovery Mentorship Program

De Paul's Recovery Mentors are helping people create freedom from their addiction. Recovery Mentors connect to people and relate to them through their own experience, strength, and hope.

### Recovery Mentor Services Provide:

- Education about community resources
- Individualized support based on individual needs
- Support during recreational events
- Relapse prevention planning
- Emotional support to address relationships, jobs, and lifestyles
- Skill building around each individuals specific needs
- Information on questions about recovery and the meaning of recovery and how to live it
- Telephone support
- Walks to mutual support groups
- Information on how to self-advocate



The Mentorship Program is offered at all three of our locations:

- Downtown Adult Center
- Hillsboro Outpatient Center
- Youth & Family Center

To determine if this program is right for you, call  
503-535-1151