



De Paul Treatment Centers

Multifamily Group



Topics Include:

- Positive Communication Skills
- Co-Occurring Diagnoses
- DBT Skills
- Family Sculpting & Roles
- Positive Behavioral Reinforcement for Sobriety
- Asserting Boundaries
- Problem Solving Skills

Who: Client, Family members, friends and loved ones of those impacted by substance use

Where: 1312 SW Washington Street, Portland (Please check in at the front desk on the first floor)

When: Every Tuesday or Thursday 5:30-7:30PM (with half hour visitation)

How: Participants are referred after attending the Support Persons Group

Contact: If you have questions, please contact your Primary Counselor or the Family Therapy team at 503-535-1151.