



## De Paul Treatment Centers

# Medication-Assisted Treatment (MAT)

### What is Medication-Assisted Treatment (MAT)?

MAT is the use of medications in combination with counseling and behavioral therapies for the treatment of Opioid Use Disorder (OUD). A combination of medication and behavioral therapies is found to be an effective treatment of OUD and can help people to sustain recovery long term.

### How to get MAT services at De Paul:

- Admit to De Paul's Detox program or be in De Paul's residential program.
- Be medically and psychiatrically stable.
- If currently on a prescribed medication, bring prescription supply with you when being admitted to De Paul's program.
- Have Health Share of Oregon Insurance (Tuality not accepted).
- Eligibility for MAT services will be determined after a complete client evaluation. Not all individuals are eligible for MAT. Final determination is made by De Paul medical staff.

### Getting Started

#### Detox Program (No appointment Necessary)

Individuals seeking detox services must arrive at De Paul Treatment Centers' downtown Portland location at 1312 SW Washington St., by 8:00 a.m., Monday through Sunday. Clients are admitted on a first come, first serve basis. Admission is dependent on bed availability. To check bed availability in advance, call the Detox Availability Hotline at: (503) 546-8311. The hotline is updated throughout the day, every day, as beds become available. Individuals from out of the tri-county area must [call 503-535-1150](tel:503-535-1150) to be pre-screened and schedule a detox intake appointment in order to be able to directly transition to De Paul's residential program.

#### Residential Program

For any individual seeking residential treatment, please call (503) 535-1150.

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For more information including a list of accepted insurance, please visit our website at [www.depaultreatmentcenters.com](http://www.depaultreatmentcenters.com) or call (503) 535-1150.