De Paul Treatment Centers works with individuals, families and communities to create freedom from addiction.
Dear Friends,

At De Paul Treatment Centers, we believe in a healthy future, especially for those struggling with the disease of addiction. We understand the broad impact of addiction, and work to ensure families get the help they need to recover alongside their loved one. We collaborate with community partners to combat the staggering statistic that only one in ten Oregonians receives the live-saving addiction treatment they need.

De Paul’s team worked hard over the past year to ensure that we continue to provide exceptional, affordable services. We expanded Medical Detox for adults, doubling our capacity for clients with acute medical needs. We secured funding so that teens in our Day Treatment and Outpatient programs can continue to earn credits towards a diploma while in treatment.

De Paul’s continuum of care model is important to staying with our clients on their journey to recovery. The Commission on Accreditation of Rehabilitation Facilities awarded our 5th consecutive three-year accreditation—the highest level of national endorsement.

Among these many accomplishments, we are looking forward to implementing a new state of the art Electronic Health Records (EHR) system made possible by over $340,000 in donor contributions. We believe this will be transformational for our team who are used to a 2006 vintage EHR.

Reflecting on this past year at De Paul, I am inspired by the hard-working clients, talented staff, outstanding Board of Directors, and generous community members who make De Paul’s mission possible. We could not do this work without you.

With deepest gratitude, thank you.

Maree Wacker
Chief Executive Officer
Mission

De Paul Treatment Centers works with individuals, families and communities to create freedom from addiction. De Paul serves the community and those affected by the disease of addiction. Using proven and effective, evidence-based treatment strategies, De Paul strives to build healthy and hopeful communities in recovery.

Continuum of Care

De Paul offers the full continuum of care for men, women, youth and families. From detox to residential, day treatment to outpatient, group and family therapy, an individual can move through each level of care to gain stability under just one roof. With comprehensive treatment services, we ensure that client care is not disrupted by changing providers, counselors, or teachers. This continuity of care allows our clients to build lasting relationships for successful treatment outcomes.

Treatment Philosophy

Treatment at De Paul is based on the belief that chemical dependency develops within the context of an individual’s heredity and environment. We view addiction as a complex, chronic and treatable disease. We believe that all individuals have within them innate health and the capacity to recover. De Paul uses comprehensive, multi-disciplinary, culturally appropriate, and evidence-based practices that address the needs of the whole person, family and community. We support participation in groups such as the anonymous fellowships that provide inspiration and hope. Our goal is to help individuals and families stabilize, reconnect, and heal.

Quality

For nearly 40 years, De Paul has worked with more than 30,000 individuals and families to create freedom from addiction. De Paul’s programs are nationally accredited through the Commission on Accreditation of Rehabilitation Facilities.
**Detox** is designed to ensure a safe and medically supervised transition through the acute phase of withdrawal from drugs and/or alcohol. Once the severity of symptoms has decreased, clients will be transitioned into a lower level of care.

**Residential** treatment is a 24/7 supervised, on-site program. Treatment is individualized and based on the needs of each client. The program follows a structured schedule that includes individual and group counseling, skill building, and introduction to community supports.

**Day Treatment** is available as a transitional step down from residential treatment for clients needing the structure of an intensive treatment program for addiction of 20 or more hours a week, but who have a stable living situation and do not need the 24/7 supervision that residential treatment provides.

**Outpatient** provides continued individual and group therapy, peer recovery mentorship, and certified DUII treatment. These group and individual counseling sessions support transitioning back into the community and workplace.
Oregonians receive the substance use treatment they need

Only 1 in 10 Oregonians receive the substance use treatment they need
Adult Program

Our adult programs are designed to stabilize clients in a trauma informed environment, develop the skills to build a foundation for recovery, and provide a supportive transition back into the community.

About
At De Paul, we provide substance use and co-occurring mental health treatment in a structured environment. With each client we serve, our qualified clinical team works to develop an individualized treatment plan using evidence-based practices and a holistic approach. We address the needs of the whole person and their support systems, including family and the community in which they live. We help our clients develop the skills they will need to be successful in their recovery.

What’s New
This year we focused on increasing our capacity to serve clients with acute needs as well as ensuring our programs are inclusive for clients of all backgrounds. We expanded our Medical Detox unit from 8 to 16 beds and added a fully-equipped nursing hub for 24-hour monitoring. To build a more inclusive environment, we changed the gendered names of our Adult Residential floors to Columbia and Willamette and we increased our LGBTQ and Communities of Color group offerings.

Total adult clients age 19 and older

- Detox Clients: 766
- Residential Clients: 813
- Day Treatment Clients: 85
- Outpatient Clients: 813

- Had family involvement: 35%
- Had co-occurring mental health conditions: 24%

Primary Substance
- Alcohol - 50%
- Amphetamines - 12%
- Opiates - 32%
- Marijuana/Hashish - 5%
- Cocaine - 2%
Youth Program

The primary goal of the Youth Program is to stop addiction early. This unique program provides teens with a supportive environment to learn, heal, and begin their life in recovery.

306 Youth clients age 13 to 18

50% Youth clients come from families with addictions

58% Youth clients had co-occurring mental health conditions

2 Average school credits recovered during treatment

76% Youth clients are on the Oregon Health Plan

57% Youth clients completed residential treatment

About De Paul Youth

The De Paul Youth & Family Center in Northeast Portland provides a welcoming and empowering environment for youth and their families. With comprehensive treatment services for youth ages 13 to 18, our clients work with the same counselors, teachers, and other providers throughout their treatment stay. This continuity of care allows our clients to build lasting relationships for successful outcomes.

Through our accredited academic program, we work with each youth client to build confidence and the skills they need to get reengaged in learning and caught up in school or work toward their GED.

What’s New

This year we hired a new Clinical Program Manager for our Youth Program, Corie Ferestad. Under her leadership, we have implemented the Daily Living Activities (DLA) Scale, which is a standardized tool used to assess needs, level of functioning and impairments of a given client compared to the general population. The basis of our program is still Dialectical Behavior Therapy, Family Systems, and Motivational Interviewing, however we now combine DLA scores with these practices to ensure we are able to measure clients’ ongoing progress while they are learning and mastering the skills they will need for lasting success.
“I learned that asking for help isn’t weak, it’s a sign of strength. De Paul taught me that I need to do what’s best for me, and without it I never would have found myself.”

- Alex, De Paul Alum
Peer Mentors

The Peer Mentor program is committed to bridging treatment and everyday life for our clients to build a stronger foundation for their recovery. Our peer mentors work with clients at every level of treatment at each De Paul location.

The peer mentors provide individualized support to clients depending on their needs. Texting and phone support, sober fun activities and outings, transportation to meetings and appointments are just a few of the activities and services the peer mentors provide. These activities and services help clients stay connected in the community while focusing on recovery.

Family Therapy

Addiction affects all aspects of a person’s life, especially their loved ones. At De Paul, we encourage family and support system involvement. Our family therapy program is tailored to the specific needs of each client and their family. As family members work with De Paul’s skilled family therapists, they learn about the disease of addiction and how they can be an integral part of their loved one’s recovery. Including the entire family in the treatment process reduces alcohol and drug use, improves relationships with the family, and reduces frequency of relapse.

“The peer mentor team has been an invaluable part of my experience at De Paul. They have quite possibly saved my life by being so supportive and active in caring for their clients.”

- Peer Mentor Client
Mental Health

Many of De Paul’s clients are in need of treatment for more than just substance use disorders. Mental health evaluations and treatment are available to support clients with a dual diagnosis. Our staff of qualified mental health professionals are equipped to treat a wide range of co-occurring mental health conditions from anxiety and depression to post traumatic stress disorder. Residential clients with a dual diagnosis participate in specifically designed groups. Medication management for mental health is available through De Paul’s medical team for our clients.

Medical Services

At De Paul, we provide a full spectrum of medical services to treat the whole person as they begin their recovery from addiction. Staffed with nurse practitioners and registered nurses, our medical services for clients go beyond mental health and addiction treatment. Clients in our residential programs can access medical care on site, eliminating the need to disrupt treatment by leaving for medical appointments. We coordinate with each client’s primary care provider both during and after their stay to ensure exceptional medical care.
Impact

With the generous support of our community, De Paul Treatment Centers saves lives every day from the devastating disease of addiction. Our evidence-based treatment programs prepare clients for long-term recovery and success in all aspects of their lives. Because of De Paul, our community is a healthier, stronger, more vibrant place to call home.

92% Clients feel services at De Paul are making a positive difference in their life

“De Paul is my super hero. They are truly in the business of saving lives. I learned a treasure trove of things that I am using on a daily basis to keep me clean and sober. For anyone who truly wants to get clean from drugs and alcohol and stay clean, it is highly recommended that you give yourself an honest shot at recovery through this wonderful program. It may be intense at times, but trust and believe that it works.”

- Charles, De Paul Alum
Who We Served

Gender

- 66% Male
- 34% Female

Age

- 12.5% 12-18
- 15.1% 19-25
- 31.0% 26-35
- 18.7% 36-45
- 18.2% 46-55
- 4.6% 56+

Race/Ethnicity

- White (Non-Hispanic) 78.7%
- Hispanic 8.0%
- African American 4.9%
- Other/Mixed 5.2%
- Native American 2.2%
- Asian/Pacific Islander 1.2%
- Native American 2.2%
- African American 4.9%
- Other/Mixed 5.2%
- Hispanic 8.0%
- White (Non-Hispanic) 78.7%

81% of clients come from low income households

Most Served Counties

- Multnomah
- Washington
- Clackamas
- Marion
- Yamhill
- Columbia
- Douglas
- Lane
- Clark
Board of Directors

Harry Wilson, Chair
   Markowitz Herbold, Shareholder

Jay Minor, Immediate Past Chair
   Highway Contractor, Retired

Mary Ellen Glynn, Vice Chair
   Oregon Association of Relief Nurseries, Executive Director

Meredith Weisshaar, Treasurer
   ESCO Corporation, Deputy General Counsel

James Paustian, Secretary
   Community Volunteer

Julia Banks
   Wells Fargo, Vice President - Regional Banking District Manager

Robert Coussens
   UBS Financial Services, Senior Vice President - Wealth Management

Scott Elliott
   Edge Development, Founder

Jeff Foster
   Tenth Caller, Inc., Founder

Suenn Ho
   RESOLVE Architecture + Planning, Principal, Urban Designer

Jack Hopkins
   NW Medical, Inc., Founder

Bruce Howell
   Schwabe, Williamson & Wyatt, Shareholder

Connie McDowell
   (W)here Real Estate, Principal Broker

Paul Rosenbaum
   SWR Corporation, CEO & Chairman of the Board

Board of Advisors

Ken Austin, Jr.
   A-dec, Inc., Co-Founder

Tracy Curtis
   Wells Fargo, Executive Vice President, Oregon Region President

Bill Dickey
   Morel Ink, Owner

Dennis Doherty
   Brown & Brown Northwest Insurance, Retired

Homer Williams
   Williams & Dame, Chairman

Jennifer Williamson
   Oregon House of Representatives

Dick Withnell
   Withnell Motor Company

A special thank you to the following board members who recently retired from De Paul’s Board of Directors:

- Gary Branden, Pioneer Trust Bank
- David Culpepper, Thede Culpepper
- Naomi Levelle-Haslitt, Miller Nash Graham & Dunn
- Mike Ryan, Miller Nash Graham & Dunn
Statement of Financial Position
as of June 30, 2016

Assets

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<th>Asset</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Cash and cash equivalents</td>
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<tr>
<td>Contracts receivable</td>
<td>$145,726</td>
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<td>Accounts receivable</td>
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<td>Contributions receivable</td>
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<td>Prepaid expenses and deposits</td>
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<td>Investments designated for deferred</td>
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<tr>
<td>compensation</td>
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<tr>
<td>Property and equipment - net</td>
<td>$6,154,845</td>
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<tr>
<td><strong>Total assets</strong></td>
<td><strong>$9,194,478</strong></td>
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Liabilities

<table>
<thead>
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<th>Amount</th>
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<tbody>
<tr>
<td>Lines of credit</td>
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<tr>
<td>Accounts payable and accrued expenses</td>
<td>$747,434</td>
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<tr>
<td>Payroll and related liabilities</td>
<td>$526,426</td>
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<td>Deferred revenue</td>
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<tr>
<td>Long-term debt</td>
<td>$1,327,690</td>
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<td><strong>Total liabilities</strong></td>
<td><strong>$4,161,116</strong></td>
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Net assets

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<td>$4,461,665</td>
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<tr>
<td>Temporarily restricted</td>
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<tr>
<td><strong>Total net assets</strong></td>
<td><strong>$5,033,362</strong></td>
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**Total liabilities and net assets** $9,194,478
Thank You!

Each year with compassion from individuals, foundations and corporations, De Paul has the opportunity to improve people’s lives and make our community a healthier, better place. Donors listed contributed between July 1, 2015 and June 30, 2016. Thank you for your generous support.

$100,000+
- Maybelle Clark Macdonald Fund
- Meyer Memorial Trust

$50,000+
- Anonymous
- Collins Foundation

$25,000+
- Wheeler Foundation

$15,000+
- Clark Foundation
- Henry Lea Hillman, Jr. Foundation
- Josh Baker Memorial Tournament

$10,000 - $14,999
- Anonymous
- Herbert A. Templeton Foundation
- Hoover Family Foundation
- Juan Young Trust
- Mountain West Investment Corporation

$5,000 - $9,999
- Ken Austin
- B.P. Lester & Regina John Foundation
- Jack & Kristen Hopkins Legacy Health Systems
- Dorothy Lemelson
- James Milne
- Jay & Duff Minor
- Mark O'Donnell
- PavelComm
- Richard & Diane Van Grunsven Family Foundation
- Robert & Elizabeth Warren Fund of the OCF
- Paul & Maureen Rosenbaum
- Wells Fargo Bank
- Williams Fund of the OCF

$2,000 - $4,999
- Brown & Brown Northwest
- Bill Dickey

$1,000 - $1,999
- Anonymous
- Pam & Scot Belli
- Lawrence Black
- Gary Branden
- Broughton & Mary Bishop Foundation
- Steve Cartales
- Cascade Corporation
- Robert Coussens
- David & Marie Culpepper
- Dennis & Marianne Doherty
- Mitzi Ellis
- Dwight Holton & Mary Ellen Glynn
- Guardian Real Estate Services
- DJ Guild
- Andrew & Gail Hahs
- James Hayes
- Bruce Howell
- ICTSI Oregon, Inc.
- Lincoln High School

$500 - $999
- Aequitas
- Richard Akins
- Michael & Claire Arthur
- Thomas Brenneke
- Tom & Ann Chapman
- Bruce & Jo-Ann D’Ambra
- Lisa Kaner
- LifeWise Health Plan of Oregon
- Lines for Life
- Janeen McAninch
- Barbara Ann Meyer
- Lisa Naito
- Jami Nigra
- Pacific Continental Bank
- Dorothy Piacentini
- John & Charlene Rogers
- David & Sharice Shelofsky
- Andrew & Annie Spiak

Jeff & Irene Foster
- Stephanie & Earl Hooper
- Kaiser Permanente
- Local Independent Charities of America
- Brian Mares
- Amy Nist & Doug Lyons
- Pacific Power Foundation
- Paul & Sally McCracken Fund of the OCF
- James Paustian Renaissance Foundation
- Samuel S. Johnson Foundation
- The Partners Group
- Thede Culpepper Moore Munro & Silliman LLP
- UBS Financial Services
- Maree & Todd Wacker
- Harry Wilson

Markowitz Herbold
- Katherine McCoy
- Metro Portland New Car Dealers Charitable Foundation
- Prudence Miller
- Miller Nash Graham & Dunn LLP
- O’Donnell Law Firm LLC
- Oregon & Southern Idaho District Council of Laborers
- Oregon Trail Recovery
- PacificSource Health Plans
- Providence Health & Services
- Mike Ryan
- Robert & Karen Sederstrom
- St. Martin de Porres Trust
- SYSCO Portland
- Meredith Weisshaar Williams & Dame
- WVP Health Authority

Oregon & Southern Idaho District Council of Laborers
- PacificSource Health Plans
- Providence Health & Services
- Mike Ryan
- Robert & Karen Sederstrom
- St. Martin de Porres Trust
- SYSCO Portland
- Meredith Weisshaar Williams & Dame
- WVP Health Authority
De Paul thanks the many individuals and businesses who have supported our programs through in-kind donations. Whether they gave bedding, dental services, clothing, or food, these donors helped our clients on their path to recovery.

De Paul is a place of hope, community, and healing. I support De Paul so that I can share my hope with those who still suffer from alcoholism and addiction. Together, we can create freedom from addiction.

--Harry Wilson, Chair, Board of Directors
The Samuel C. Wheeler Freedom Award, named after former De Paul board member Sam Wheeler, is an honor given to those who help battle the stigma of addiction by being open about their recovery and giving back to the community in significant ways.

On September 24, 2015 we presented Richard “Dick” Withnell with the Samuel C. Wheeler Freedom Award. We were honored to have Governor Kate Brown deliver our keynote address. With tremendous support from our sponsors and over 300 guests who attended the Freedom Award Luncheon, we raised nearly $200,000 to support life-saving services at the De Paul Youth & Family Center.

Richard “Dick” Withnell

Known as a believer in the goodness of others and the power of second chances, Dick Withnell is an influential yet humble leader throughout the state of Oregon. Early in his career in the banking industry, Dick realized he needed to say “no” to alcohol and embark on a major lifestyle change. Soon after, Dick began a new career in the automotive industry, a rapidly growing success which he credits to his new-found sobriety and commitment to his Christian faith. Throughout decades of sobriety, Dick has been active in public policy for youth safety and education, and is dedicated to ensuring the well-being of the greater community. Dick is a not only a successful businessman, but a devoted philanthropist, husband, father, and dear friend to many.

2015 Freedom Award Sponsors
