Dear Friends,

Every day I am inspired by the people who walk through De Paul’s doors. I see clients brave enough to seek help and work hard for a better life. Compassionate staff who provide exceptional care to some of the most marginalized people in our community. Board members, donors, and community partners who invest in and advocate on behalf of De Paul. We are all connected by the mission to create freedom from addiction, because everyone deserves a healthy future.

As the opioid crisis continues to affect our community, De Paul joined a handful of other local providers to offer Medication-Assisted Treatment (MAT) through participation in the Wheelhouse project funded by Health Share of Oregon. MAT is the new gold standard for treating opioid use disorder. Consistent with the approach used for other chronic diseases, treatment plans for opioid use disorders are individualized to each patient and created with input from the patient, prescriber, and other members of the health care team. MAT increases patients’ ability to stay in treatment and reduce their risk of relapse.

This year we made great progress in our visionary campaign to build a new facility. We have significant support from the community, with early commitments from the Maybelle Clark Macdonald Fund and the State of Oregon. We have identified the new site, retained architects, and are working on designs for our new home. I cannot wait to share more updates with you as we get closer to breaking ground on a new center for hope, healing, and freedom.

I am proud of the work that De Paul has accomplished this year and look forward to more growth in the future. We could not do any of this work without you, our community – thank you!

With deepest gratitude,

Maree Wacker, Chief Executive Officer
About De Paul

Mission
De Paul Treatment Centers works with individuals, families and communities to create freedom from addiction.

De Paul serves the community and those affected by the disease of addiction. Using proven and effective, evidence-based treatment strategies, De Paul strives to build healthy and hopeful communities in recovery.

Treatment Philosophy
Treatment at De Paul is based on the belief that chemical dependency develops within the context of an individual’s heredity and environment. We view addiction as a complex, chronic, and treatable disease. We believe that all individuals have within them innate health and the capacity to recover. De Paul uses comprehensive, multi-disciplinary, culturally appropriate, and evidence-based practices that address the needs of the whole person, family, and community. We support participation in groups such as the anonymous fellowships that provide inspiration and hope. Our goal is to help individuals and families stabilize, reconnect, and heal.

Continuum of Care
De Paul offers the full continuum of care for men, women, youth, and families. From detox to residential, day treatment to outpatient, group and family therapy, and peer mentors, an individual can move through each level of care to gain stability under just one roof. With comprehensive treatment services, we ensure that patient care is not disrupted by changing providers, counselors, or teachers. This continuity of care allows our patients to build lasting relationships for successful treatment outcomes.

Quality
For more than 40 years, De Paul has helped over 40,000 individuals and families create freedom from addiction.

De Paul is nationally accredited through the Commission on Accreditation of Rehabilitation Facilities (CARF).
Adult Program

Our adult programs are designed to stabilize patients, develop the skills to build a foundation for recovery, and provide a supportive transition back into the community.

About

At De Paul, we provide substance use and co-occurring mental health treatment in a structured, therapeutic environment. We address the needs of the whole person and their support systems, including family and the community in which they live. We help our patients develop the skills they will need to be successful in their recovery.

What’s New

This year we continued improving our quality of care through new programs and research. Through a partnership with Health Share and local providers, we began providing Medication Assisted Treatment (MAT). MAT pairs nondrug therapies, such as counseling or cognitive behavioral therapy, with an FDA-approved medication to treat opioid use disorders.

1,707
Total adult patients age 19 and older

682
Detox Patients

748
Residential Patients

366
Mental Health Patients

581
Outpatient Patients

23%
Residential patients utilized De Paul’s family therapy services

66%
Had co-occurring mental health conditions

Primary Substance

- Alcohol - 51%
- Opiates - 22.7%
- Amphetamine - 18.5%
- Marijuana - 6.3%
- Cocaine - 1.5%
Youth Program

The primary goal of the Youth Program is to stop addiction early. This unique program provides teens with a supportive environment to learn, heal, and begin their life in recovery.

93% Youth patients age 13 to 18

71% Have co-occurring mental health conditions

70% Youth patients are on the Oregon Health Plan

64% Youth patients complete residential treatment

About

The De Paul Youth & Family Center in Northeast Portland provides a welcoming and empowering environment for youth and their families. With comprehensive treatment services for male identifying youth ages 13 to 17, our patients work with the same counselors, teachers, and other providers throughout their treatment stay.

We believe teen treatment and education go hand in hand for successful recovery. Through our on-site accredited academic program, we work with each youth patient to build confidence and the skills they need to reengage in learning and catch up in school. On average, youth earn two credits during their stay.

What’s New

Through a grant from CareOregon, we added a Youth Outreach & Addictions Counselor who works directly with students in Portland Public Schools. This counselor works with select high schools, and provides drug and alcohol assessments, individual counseling, and preventative education services. By providing services on-site, we are meeting teens before they drop out of school and ensuring that those who need us most are able to receive the care they need to build a stable recovery. Families of impacted students and the students themselves have preferred the ability to access care directly at school. This program is helping students remain engaged in school and preventing them from falling further behind due to their drug or alcohol use.
Peer Mentors
The Peer Mentor program is committed to bridging treatment and everyday life for our patients to build a stronger foundation for their recovery.

The peer mentors provide individualized support to patients depending on their needs. Texting and phone support, sober fun activities and outings, transportation to meetings and appointments are just a few of the activities and services the peer mentors provide. These services help patients stay connected in the community while focusing on recovery.

Mental Health
Many of De Paul’s patients are in need of treatment for more than just substance use disorders. Mental health evaluations and treatment are available to support patients with a co-occurring mental health diagnosis. Our staff of qualified mental health professionals are equipped to treat a wide range of co-occurring mental health conditions. Patients with a co-occurring mental health diagnosis participate in specifically designed groups. Medication management for mental health is available through De Paul’s medical team for our patients.

Family Therapy
Addiction affects all aspects of an individual’s life, but especially their relationships with loved ones. At De Paul, we encourage family and support system involvement. Patients and family members work with De Paul’s skilled family therapists and learn about the disease of addiction and learn new life skills to support family relationships. Patients may begin family therapy upon entering treatment and remain engaged for the duration of their stay.

Medical Services
At De Paul, we provide a full spectrum of medical services to treat the whole person as they begin their recovery from addiction. Staffed with nurse practitioners and registered nurses, our medical services for patients go beyond mental health and addiction treatment. Patients in our residential programs can access basic medical care on site. We coordinate with each patient’s primary care provider both during and after their stay to ensure exceptional medical care.
Impact

With the generous support of our community, De Paul Treatment Centers saves lives every day from the devastating disease of addiction. Our evidence-based treatment programs prepare patients for long-term recovery and success in all aspects of their lives. Because of De Paul, our community is a healthier, stronger, more vibrant place to call home.

88% of patients feel services at De Paul are making a positive difference in their life

80% of patients come from low income households

De Paul Treatment Centers gave me my life back. When I checked into De Paul I was broken, battered, and had lost the will to live. In working with the staff I was able to view myself in a different light and learn to be hopeful for what the future holds. Classes were informative and challenged me to look at myself. One-on-one sessions caused me to take an even more in-depth look at myself and what I need to motivate me to lead a productive life in recovery. I am grateful for the time I got to spend here, and I am grateful for all the staff who have helped me on my journey.

– Benji, De Paul Alum
Leadership

Board of Directors

Harry Wilson, Chair
Markowitz Herbold, Shareholder

Jay Minor, Immediate Past Chair
Highway Contractor, Retired

Meredith Weisshaar, Treasurer
General Counsel

Bruce Howell, Secretary
HowellHealthLaw LLC

Tom Campbell
Fed Ex Ground, District Managing Director NWST

Suenn Ho
RESOLVE Architecture + Planning, Principal, Urban Designer

Connie McDowell
(W)here Real Estate, Principal Broker

Evyn Mitchell
Levee Ready Columbia, Communications & Public Affairs Manager

Jason Nash
Zimmer Biomet, Director of Technology

Graeme Queen
The Standard, 2nd Vice President, Strategic Account Services

Jill Souede
Strategic Communications Consultant

Robert Synak
PricewaterhouseCoopers, Senior Director

Board of Advisors

Ken Austin, Jr.
A-dec, Inc., Co-Founder

Tracy Curtis
Wells Fargo, Executive Vice President, Oregon Region President

Bill Dickey
Morel Ink, Former Owner

Dennis Doherty
Brown & Brown Northwest Insurance, Retired

Jack Hopkins | Emeritus
NW Medical, Founder

Homer Williams
Williams & Dame, Chairman

Jennifer Williamson
Oregon House of Representatives

Dick Withnell
Withnell Motor Company

A special thank you to the following board members who recently retired from De Paul’s Board of Directors:

- Julia Banks, Wells Fargo
- Robert Coussens, UBS Financial Services
- Scott Elliott, Edge Development
- Jeff Foster, Tenth Caller, Inc.
- Mary Ellen Glynn, Columbia Sportswear
# Finances

## Statement of Financial Position

as of June 30, 2018

### Assets

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
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<tr>
<td>Cash and cash equivalents</td>
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<td>Accounts receivable</td>
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<td>Prepaid expenses and deposits</td>
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<td>Investments designated for deferred compensation</td>
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<td>Property and equipment - net</td>
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<td>Property and equipment held for sale</td>
<td>2,168,592</td>
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<td><strong>Total assets</strong></td>
<td><strong>$ 7,893,320</strong></td>
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### Liabilities

<table>
<thead>
<tr>
<th>Category</th>
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<td>Accounts payable and accrued expenses</td>
<td>463,986</td>
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<td>Payroll and related liabilities</td>
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<td>Deferred revenue</td>
<td>9,659</td>
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<td>Capital lease obligations</td>
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<td>Notes payable</td>
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<td><strong>Total liabilities</strong></td>
<td><strong>$ 2,624,479</strong></td>
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### Net assets

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<td><strong>Total net assets</strong></td>
<td><strong>$ 5,268,841</strong></td>
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**Total liabilities and net assets** $ 7,893,320

### Revenue

- Adult and Family Services - 66%
- Youth and Family Services - 12%
- Contributions and Grants - 14%
- DP Alder House - 7%
- Other - 1%
- Fundraising - 2%

### Expenses

- Adult and Family Services - 60%
- Youth and Family Services - 18%
- Administration - 13%
- DP Alder House - 7%
- Fundraising - 2%
Thank You!

Each year with compassion from individuals, foundations and corporations, De Paul has the opportunity to improve people’s lives and make our community a healthier, better place. Donors listed contributed between July 1, 2017 and June 30, 2018. Thank you for your generous support.

<table>
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<tr>
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Cecelia Monroe
Lindsay Murphy
Nick Orfanakis
Dave Otte
Louise H. Piacentini
Sandra Rankin
George C. Reinmiller
Doyal Smith
Andrew & Annie Spiak
Kevin Valk
Nancy & Mark van der Veer
Jared Whipps
Gigi Wood

$250 - $499
Mike Andrews
Anonymous
Anonymous Fund #13
of the OCF
Asklepios Health LLC
Arun Bajpai
Larry & Janice Beaudoin
Boeing Employee Credit Union
Greg Burpee
Mary C. Campbell
Brent Canode
Bill & Cathie Coffman
D. Mike & Leann Collins
Wendy Cordon
Jennifer Dale
Dave & Darcy Demers
Dennis & Marianne Doherty
James & Mary Dooney
Nick Fish
David & Mary Ann Frantz
Linda M. Girard
Mitch & Harriet Greenlick
Barbara & Donald Hanson
Suenn Ho & John Flynn
Jason Johnson
Todd Johnston
Nicholas Kahl
Joe Kappler
Jason King
Laurin Larsen
Jon Levine
Callie Love
Kevin Mahon
Eric Martin
Mattress World Northwest
Michele McGrain
Richard Meeker & Ellen Rosenblum
James Milne
James Paustian
Pam & Brian Pearce
Dita Pepin
Polar Systems, Inc.
Douglas Querin
Don V. Romanaggi
Mike Ryan
Tom Savinar
Marvin D. Seppala
Michael H. Simon & Suzanne Bonamici
Brad Simmons & Shannon Hart
Eric Skaar
David Stephenson
Margaret Tallmadge
Beverly & Charles Trover
Mariko Tumangan
Steve Ungar
Terry & Mary Weisshaar
Winco Foods
Portland Open
Wendy & Richard Yuvienco
Richard Allen
William Anderson
Tim Batog
Joyce Beazley
Adam Bleeke
Stacy Blumberg
Clarence W. & Dolores F. Boquist
Douglas Bosted
Ryan Bradshaw
Christine Branden
Sarah Britton
Camille Buchanan
James Carideo
Ann Condon
Robert & Julie Connors
Johnny C. Cooper
Katherine Crocker
Jayne Cronlund & Patrick O'Neill
Geri Cullers
Bruce Cunningham
James E. & Linda C. Dalrymple
Stacey de Hoog
Toni Delgado
Darcy Demers
Erin DeVet
Kevin & Shelley Doherty
Dual Diagnosis
Anonymous of Oregon
Joan Duckering
Les & Nancy Fahey
Nicky Ferguson
Janet Filip
Amanda Fritz
Ben Furr
Susan Gayfield
Patrick Gilmore
Joe Goodman
Kelly Hagan
Sara and Tyler Hake
Carly Harrison
Sean Hathaway
Cory Hawbecker
Lil M. Hendrickson
Stephanie & Earl Hooper
John & Delores Hutcheon
Kent Ikeda
Myka Jewell
Deborah Kafoury
Neal & Virginia Keefer
Meghan & Michael Kelly
Lesley & Richard Lamb
Andy & Patricia Lange
Brenda Lee
Juanita Leibbrandt
Ryan Leverenz
Jack Levy
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Dan & Lisa Lewis
Robert Macer
Lindsay MacLean
Kristin Malone
Jerry & Margaret Marley
Mike Marshall
Kevin & Mollie McAdams
David McDowell
Jean McDowell
Maureen & Jason McGrain
Polly McGraw
F.X. & Carole L. McLellan
Julia Meier
Ann Miller
John & Debbie Mohlis
Marc Monaghan
Stephen & Juanita Moore
Gary Moore
Molly Moreland
Amy Nist
Jackson Nurmi & Mindy Brittner
Ruthann Olsen
Fred Perryman

$100 - $249
Steffan Alexander

Ruthann Olsen
De Paul thanks the many individuals and businesses who have supported our programs and events through in-kind donations.

We are grateful to the following donors for their lead support of our visionary campaign to build a new facility.

Given the substance abuse crisis we face in our state and nation, I believe that my board service contributes to a solution to these problems. The De Paul volunteers and staff are hard-working, reliable and dedicated to serve those inflicted by addiction. It is an honor to serve on the De Paul Board.

–Bruce Howell, Board of Directors
18th Annual Freedom Awards

On September 28, 2017, we welcomed over 350 guests to the 18th Annual Freedom Awards at the Sentinel Hotel. The event recognizes community members who support and work toward ending the stigma of addiction.

The luncheon featured remarks from Multnomah County Commissioner Sharon Meieran and Oregon Attorney General Ellen Rosenblum. The event raised over $230,000.

For the Love of... with Tony Starlight | March 1st, 2018
Connect With Us!

503-535-1151
info@depaultc.org
DePaulTreatmentCenters.org

Facebook
Facebook.com/DePaulTreatmentCenters

Twitter
@DePaulPDX

Instagram
@DePaulPDX

eNews
depaultc.org/newsletters

Locations

De Paul Adult Center
1312 SW Washington St.
Portland, OR

De Paul Youth & Family Center
4310 NE Killingsworth St.
Portland, OR

De Paul Outpatient Center
205 SE 3rd St.
Hillsboro, OR

Mailing Address
PO Box 3007
Portland, OR 97208