DE PAUL TREATMENT CENTERS
ANNUAL REPORT
2014-15

HOPE STARTS HERE.
Dear Friends,

When we invest in people—offering a second chance—we open doors of opportunity whose benefits reach far beyond the individual. Families find stability, worker productivity soars, and communities thrive.

For our work at De Paul Treatment Centers to be truly successful, we all need to bring hope and compassion to the way we think about addiction. We also need to recognize that addiction is a complex, chronic, and treatable disease. With your help we can break down the stigma that keeps so many people from receiving the treatment and support they need to get well. We know treatment works.

For almost 40 years, De Paul has provided treatment services to people from all over Oregon, helping adults and youth develop the skills they need to create freedom from addiction. We could not do it without you.

This past year has been one of reaffirming our excellence in clinical standards as well as expanding and improving our treatment services for youth. With support from Meyer Memorial Trust, we made critical upgrades to our downtown adult residential facility. With a capacity building grant from Maybelle Clark Macdonald Fund, we have built confidence in the sustainable future of this organization. We are implementing our strategic vision to grow our youth program.

As we continue to adapt to the evolving needs of our clients and the changing healthcare landscape, we are grateful for our community of supporters. At the 15th Annual Samuel C. Wheeler Freedom Award Luncheon, we packed the Governor Ballroom with over 500 people who were there to recognize addiction as a disease, honor the achievements of an incredible person in recovery, and show collaborative support for a treatment program that works.

With deepest gratitude, thank you.

Maree Wacker
Chief Executive Officer

De Paul Treatment Centers works with individuals, families and communities to create freedom from addiction.
Detox is designed to ensure a safe and medically supervised transition through the acute phase of withdrawal from drugs and/or alcohol. Once the severity of symptoms have decreased, clients will be transitioned into a lower level of care.

Residential treatment is a 24/7 supervised, on-site program. Treatment is individualized and based on the needs of each client. The program follows a structured schedule that includes individual and group counseling, skill building and introduction to community supports.

Day Treatment is available as a transitional step down from residential treatment for clients needing the structure of an intensive treatment program for addiction of 20 or more hours a week, but who have a stable living situation and do not need the 24/7 supervision that residential treatment provides.

Outpatient provides continued individual and group therapy, peer recovery mentorship and certified DUII treatment. These groups and individual counseling sessions support transitioning back into the community and workplace.
At the De Paul Youth & Family Center, our primary goal is to stop addiction early. Teens who use drugs or alcohol are an incredibly vulnerable population—ninety percent of all adults with drug or alcohol problems started using before the age of 18, and half before the age of 15. Youth who do not become addicted to drugs or alcohol before the age of 21 are significantly less likely to become addicted as adults. With successful intervention early on, we can help youth dramatically change the course of their lives.

The De Paul Youth & Family Center in Northeast Portland provides a welcoming and empowering environment for youth and their families. With comprehensive treatment services for youth ages 13 to 17, our clients work with the same counselors, teachers, and other providers throughout their treatment stay. This continuity of care allows our clients to build lasting relationships for successful outcomes.

The De Paul Alternative School was established in 1990 and is fully accredited with Portland Public Schools. We work with each youth client to build confidence and the skills they need to get reengaged in learning and caught up in school.

What’s new: A capacity building grant from the Maybelle Clark Macdonald Fund has helped us reshape our youth program so that we can ensure its long-term sustainability. The De Paul Youth & Family Center is now a locked facility. When families place their loved ones in our care, we are able to ensure their safety through the duration of their treatment stay. De Paul is one of the only providers in the region that offers a strong continuum of care for youth, from residential treatment to outpatient services.

“Treatment has given me a second shot at life and kept me alive. De Paul has shown me there is more to life than just drugs.”

-Jeff, former youth client

48% youth clients receive mental health services

On average 2 academic credits are recovered in treatment

66% youth clients are on the Oregon Health Plan
Adult Program

The Affordable Care Act and the Mental Health Parity and Addiction Equity Act have opened the door for expanded coverage for mental health and substance use disorders for millions of Americans. The parity law requires insurance coverage for mental health and substance use disorders to be comparable to coverage for medical care, so that Americans have access to the treatment they need to get well.

At De Paul, we provide substance use and co-occurring mental health treatment in a structured environment. With each client we serve, our qualified clinical team works to develop an individualized treatment plan using evidence-based practices and a holistic approach. We address the needs of the whole person and their support systems, including family and the community in which they live. We help our clients develop the skills they will need to be successful in their recovery.

Oregon’s Prioritized List of Health Conditions places substance abuse 4th on the list of over 600 medical conditions ranked by their severity and treatability. Through our comprehensive treatment programs, clients learn to manage the life-threatening disease of addiction and change the course of their lives. The return on investment of addiction treatment is huge for the individuals, families, and communities we serve. With every $1 we spend on addiction treatment, we save $4 in healthcare and $7 in public safety and criminal justice costs.

What’s new: With generous support from Meyer Memorial Trust in 2015, we made critical facility upgrades to the De Paul Adult Residential Center. Now with three remodeled bathrooms, clients benefit from improved facilities during their treatment at our Downtown Adult Center.

“I grew to become a stronger, more understanding and confident person! I can proudly say De Paul helped me get clean when nothing else did!” - Mikah, former adult client
Addiction affects all aspects of an individual’s life, but especially their loved ones. At De Paul we encourage family and support system involvement throughout the treatment process. Studies show when families are involved in treatment, clients are more likely to be successful in their recovery. Including the entire family in the treatment process improves treatment outcomes, reduces alcohol and drug use, improves relationships within the family, and reduces the frequency of relapse.

Family therapy at De Paul is tailored to the specific needs of the client and their support system. As family members work with De Paul’s skilled family therapists, they learn more about the disease of addiction and how they can be an integral part of their loved one’s recovery. Clients may begin family therapy as soon as they enter treatment and remain engaged throughout De Paul’s full continuum of care. From residential to outpatient treatment, our family therapists work with family members to ensure that clients leave treatment with the best possible support system for a healthy recovery.

Many of De Paul’s clients are in need of treatment for more than just substance use disorders. Mental health evaluations and treatment are available to support clients with a dual diagnosis. Our staff of qualified mental health professionals are equipped to treat a wide range of co-occurring mental health conditions from anxiety and depression to post traumatic stress disorder. Residential clients with a dual diagnosis participate in specifically designed groups. Medication management for mental health is available through De Paul’s medical team for our clients.

At De Paul, we provide a full spectrum of medical services. Staffed with nurse practitioners and registered nurses, our medical services for clients go beyond mental health and addiction treatment. Adults and youth in our residential programs can access medical care on site, eliminating the need to leave treatment for medical appointments. We coordinate with each client’s primary care provider both during and after their stay to ensure exceptional medical care.
Services We Provided

3,390
Total Screenings

19,153
Outpatient Sessions

3,264
Family Therapy Services

472
Mental Health Assessments

38,436
Days of Residential Treatment

1,258
Residential Clients

148
Day Treatment Clients

Who We Served

Gender

64% Male
36% Female

Age

14.5% 12-18
18.1% 19-25
30.7% 26-35
17% 36-45
14.2% 46-55
5.5% 56+

Race/Ethnicity

Asian/Pacific Islander 1.5%
Native American 2.2%
Other/Mixed 5.1%
African-American 5.9%
Hispanic 8.0%
White (Non-Hispanic) 77.3%

Most Served Counties
Multnomah
Washington
Clackamas
Marion
Yamhill
Columbia
Douglas
Lane
Clark

81% of clients come from low income households
**Board of Directors**

Jay Minor, Chair  
Highway Contractor, Retired

Harry B. Wilson, Chair Elect  
Markowitz Herbold, Attorney

Pam Belli  
Uniigo Group, SVP Finance & Operations

Gary Branden  
Pioneer Trust Bank, Trust Officer

David C. Culpepper  
The Culpepper Moore Munro & Silliman, Partner

Mary Ellen Glynn  
Oregon Assoc. of Relief Nurseries, Executive Director

Jeff Foster  
Tale, Inc, Chairman

Jack Hopkins  
NW Medical, Inc, Founder

Naomi Levelle-Haslitt  
Miller Nash Graham & Dunn, Partner

**Board of Advisors**

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UBS Financial Services, Executive Director, Oregon Complex

Paul Rosenbaum  
SWR Corporation (Saving World Resources)  
CEO & Chairman of the Board

Mike Ryan  
Miller Nash Graham & Dunn, Attorney

Meredith Weisshaar  
ESCO Corporation, Assistant General Council

**Statement of Financial Position**  
as of June 30, 2015

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<thead>
<tr>
<th>Assets</th>
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<th></th>
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<td>Cash and cash equivalents</td>
<td>Investments</td>
<td>Contracts receivable</td>
<td>Accounts receivable</td>
<td>Contributions receivable</td>
<td>Deposits and prepaid expenses</td>
<td>Property and equipment</td>
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<td>$210,413</td>
<td>223,687</td>
<td>112,795</td>
<td>2,114,922</td>
<td>181,500</td>
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Total assets $9,351,323

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<tr>
<th>Liabilities</th>
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<tr>
<td>Accounts payable - Trade</td>
<td>Accounts payable - Construction</td>
<td>Accrued payroll and related expenses</td>
<td>Line of credit payable</td>
<td>Note Payable</td>
<td>Deferred revenue</td>
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<tr>
<td>$420,727</td>
<td>11,050</td>
<td>888,787</td>
<td>415,000</td>
<td>1,370,505</td>
<td>167,302</td>
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Total liabilities $3,273,371

Net assets $9,351,323

**Revenue**

<table>
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<th>Category</th>
<th>Revenue</th>
<th>Percentage</th>
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<tr>
<td>Adult and family services</td>
<td>$2,318,072</td>
<td>21%</td>
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<tr>
<td>Other revenues</td>
<td>$97,922</td>
<td>1%</td>
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**Expenses**

<table>
<thead>
<tr>
<th>Category</th>
<th>Expenses</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Administration</td>
<td>$912,605</td>
<td>8%</td>
</tr>
<tr>
<td>DP Alder House</td>
<td>$870,036</td>
<td>8%</td>
</tr>
<tr>
<td>Youth and family services</td>
<td>$2,823,305</td>
<td>25%</td>
</tr>
<tr>
<td>Adult and family services</td>
<td>$7,918,209</td>
<td>70%</td>
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</table>

“\[I have always been struck by the fact that the people at De Paul — former clients, staff, board members — are all relentlessly optimistic. There is something about De Paul that inspires hope and belief in the power of human beings to affect change. Who wouldn’t want to be involved in something that is so powerfully positive?\]” – Mary Ellen Glynn
Thank You!

Each year with compassion from individuals, foundations and corporations, De Paul has the opportunity to improve people’s lives and make our community a healthier, better place. Donors listed contributed between July 1, 2014 and June 30, 2015. Thank you for your generous support.

$150,000+
Maybelle Clark Macdonald Fund

$25,000+
Bill Dickey Wheeler Foundation

$15,000+
O’Donnell Clark & Crew LLP and Mark P. O’Donnell

$10,000 - $14,999
Henry Lea Hillman, Jr. Foundation
Jack & Kristen Hopkins
James Milne
PGE Foundation
Paul & Maureen Rosenbaum
Storms Family Foundation

$5,000 - $9,999
Autzen Foundation
B.P. Lester & Regina John Foundation
Employees Community Fund of Boeing Portland
Hoover Family Foundation
Kaiser Permanente

Legacy Health Systems
Jay & Duff Minor
Joseph F. Weston Public Foundation of the OCF
PavelComm
Richard & Diane Van Grunsven Family Foundation
Robert & Elizabeth Warren Fund of the OCF
Samuel S. Johnson Foundation

$2,000 - $4,999
Ken Austin Jr.
Gary Branden
Brown & Brown Northwest
DoveLives
Timothy & Sally Elder
Stephanie & Earl Hooper
Local Independent Charities of America
David & Pamela Markowitz
Paul & Sally McCracken Fund of the OCF
James Paustian
The Renaissance Foundation
Chip Shields
The Partners Group

Thede Culpepper Moore
Munro & Stillman LLP
Maree & Todd Wacker
WCP Solutions
Harry Wilson

$1,000 - $1,999
Teresa Bean
Dale Boss
Steven Bunnage
Cascade Corporation
City Club of Portland
Community Foundation for Southwestern Washington
Stacy Cross
David & Marie Culpepper
Fourier Group
Friends of Tina Kotek
Mary Ellen Glynn
Steve Goebel
Andrew & Gail Hals
Harry A. Merlo Foundation
Hazelden Springbrook
Michael-Ann Herring & James Phelp
ICTSI
Jackson Foundation
Matthew Jacobson
Key Bank
Markowitz Herbolz PC
Constance McDowell
Miller Nash Graham & Dunn LLP
Douglas Moore
John & Megan Murphy
Amy Nist & Doug Lyons
Northwest Medical Inc.
CareOregon
Oregon & Southern Idaho District Council of Laborers
Oregon Kickball Club
PacificSource Health Plans
Port of Portland
Portland Public Schools
Portland Women’s Luncheon
Providence Health & Services
Mike Pinyan
Robert & Karen Sederstrom
Standard Insurance Company
Ernest Stoddard
SYSCO Food Service of Portland Inc.
Umpqua Bank
Meridith Weisshaar
Bing Wong

$500 - $999
Richard & Ann Akins
Michael & Claire Arthur
Gary Boyer
Paul Cahn
Cerillon N4 Partners LLC
Tom & Ann Chapman
Walter Coie
Maria Rojo de Steffey & Dan Steffey
Dennis & Marianne Doherty
Doug Fish
Nick Fish
Jeff & Irene Foster
Robert Goman
H&H Consulting
Richard Hawkins
Laurie Henning
Cynda Herbold
Jake Hopkins
Bruce Frederick Howell
Jay’s Wide Shoes
Kaiser Foundation Health
Plan of the NW
Community Giving
Don & Marian Knight
Lori Leviton
Jon Levine
LifeWise Health Plan of Oregon

cell

Bryan Mares
Janeen McAninch
James McCurdy
Dorothy Macecnitri
Scott Pratt
Benjamin Randolph
Michael Rausch & Dale Scott
Robert Rice
Scott Edwards Architecture
Susan Shogren
Dannielle Shull
Eric Skaar
Adam Smith
St. Martin de Porres Trust
UBS Financial Services
Mark Wiener
Aimee Wilson & Christine Kotek
Keith James Wilcosky
Jill Wifley & Gary Niewhofh
David Zava & Sherri Hood-Zava

$250 - $499
Gail Anderson
Phyllis Armour
Scott Ballo
Thomas Bell
Stephen Cassell
Ann Condon
Robert Coussens
H. D. Davis
Linda Dominguez
Matt Donohue
Shemia Fagan
Lori Floer
Stefan Foon
Charles Fraser
Lew Frederick
Stephen Fulmer
Russ Gage
Stephan Gomez
Dwight Holton
Marissa Johnson

$1 - $249
Abigail Adams
Steffen Alexander
Nick Kahl
Paul Krouss
Jeff Larson
Beckie Lee
Brian Liebright
Susan Lindeman
Laurie Lockert
Tori Lorenzen
Philip Marsh
Brad Martin
Juan Martinez
Joseph & Frances Mazzara
Richard Meeker
Stephen & Juanita Moore
Danne Mumsinger
Lisa Naito
Oregon Community Foundation
Benjamin Petersen
Roma Peyser
PGE Noon Meeting
Michelle Plambeck
Jim Radosta
Bruce Ramseyer
Thomas Ranieri
James Rice
Sharon Robbins
John & Charlene Rogers
Chuck Shekoff
Loretta Smith
Mary Sorteberg
Marko Susnjara
Sherry Amanzadeh
Chris Applegate
Don't Forget

$250 - $999

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Sharon Robbins
John & Charlene Rogers
Chuck Shekoff
Loretta Smith
Mary Sorteberg
Marko Susnjara
Sherry Amanzadeh
Chris Applegate
Don't Forget
De Paul thanks the many individuals and businesses who have supported our programs through in-kind donations. Whether they gave mattresses, dental services, clothing, or electronics, these donors helped our clients on their path to recovery.

The Samuel C. Wheeler Freedom Award, named after former De Paul board member Sam Wheeler, is an honor given to those who help battle the stigma of addiction by being open about their recovery and giving back to the community in significant ways.

On September 18, 2014 we presented Bill Dickey with the Samuel C. Wheeler Freedom Award. With tremendous support from our sponsors and the over 500 guests who attended the Freedom Award Luncheon, we raised over $236,000 to support life-saving services at the De Paul Youth & Family Center.

2014 Freedom Award Sponsors

Robert Berge
The Body Shop
Terry & Stacy Forrest
Fred Meyer Fund
Grocery Outlet Bargain Market
Dr. Ilana Gurevich
Ron & Cheryl Hargis
Hearts for Families
Living Yoga
McDonalds
Medical Teams
International Miller Paint Company
NIKE, Inc.
Roses Ice Cream
Cara Rothe
Sleep Number
Ralph Staley
Timbers Tix For Kids
Dawn Toates
Tooth Taxi

Bill Dickey
Bill owned a variety of restaurants and bars in Portland in the late 80’s. He had bouts of sobriety that would last a few years, but then would find himself drinking or using drugs again. On September 9, 1995, struggling with bleak finances, potential business failures and legal problems, Bill decided it was time to take control of his life and get help.

The year 1995 also brought a new career path for Bill as he built a successful printing company, Morel Ink. With a fiery passion for advancing the causes and values of progressive nonprofit organizations, Bill is also open about his journey to sobriety as an example and encouragement to others. Now 20 years later he remains sober and committed to a lifestyle that brings value to others.

“I wouldn’t enjoy the success I do today if I wasn’t sober.” – Bill Dickey