



De Paul Treatment Centers

Day Treatment Program

In the adult day treatment program, clients receive a full chemical dependency and psychosocial assessment at the time of intake. All programs are supervised and run by state certified and/or licensed clinicians.

Day Treatment model at De Paul:

The Day Treatment program is used for an adult who has been recently discharged from residential care and is using day treatment for re-entry into their community.

The program includes:

1. Individual psychotherapy twice a week and daily check in with counselor.
2. Group psychotherapy daily 4 hours per day
(includes psycho- social/educational groups and manually-guided, EBP therapy groups).
3. Family psychotherapy 2x/week.
4. Milieu therapy daily.
5. Substance Use Disorder - 12 step group (when indicated) 2X/week.
6. Medication management (when indicated) daily.
7. Psychiatric and other medical evaluation as needed.
8. Daily drug screens while in treatment and treatment planning to address substance use while in treatment.
9. Coordination of care with other clinicians in the community who are working with the client or who will upon discharge.